Autistic Leather

THRIVE 2024

Content Warning

- **★** Ableism
- ★ Consent Violation
- ★ Mental Illness
- ★ Self-Harm
- **★** Trauma

girl Calyco

- ★ Leather est. 2010
- \bigstar FL \rightarrow WA
- **★** Owned
- **★** Polyamorous
- **★** Autistic

MAsT: Everett

Secretary/Treasurer

Leather Reign

Weekend Fun Coordinator Scholarship Committee Chair

Stone Soup

Registration girl

There are many ways to be autistic.

Autism Spectrum Disorder

"a neurological and developmental disorder that affects how people interact with others, communicate, learn, and behave"

- National Institute of Mental Health

- ★ Difficulty reading & expressing emotions
- ★ Difficulty with sudden change
- ★ Honest, direct, and blunt
- ★ Takes things literally
- ★ Sensory sensitivity
- ★ Passionate about interests
- ★ Repetitive behaviors and stims

Models of Disability

Medical:

The person is disabled by abnormalities that must be fixed, cured, or masked to fit the environment.

Social:

The person is disabled by the environment, which must be adapted to accommodate the needs of the individual.

Communication

- **★** Boundaries
- **★** Filtering
- **★** Negotiation

Honesty

Transparency

Directness





BURNOUT + SENSORY HANGOVER.

Mental Health

Anxiety

Depression

Executive Dysfunction

Hypervigilance

Loops

Masking

Meltdowns

Overstimulation

- ★ Learn your triggers
- ★ Have a plan
- ★ Listen generously
- ★ Be gentle with yourself
- ★ Lean into the dynamic
- ★ Trust your community

Problem-Solving

- **★** Compromise
 - Stimming
 - Unmasking
 - Do-overs
- ★ Nonverbal Options
 - Texting
 - Passing notes
 - Signing
- **★** Communication
 - Say what you mean!
 - Thesaurus

- ★ Sensory Accommodation
 - Gloves
 - Headphones
 - Sunglasses
- **★** Accountability
 - Lean into the dynamic
 - Reach out to your community
 - Daily check-ins
 - Location sharing
 - Body doubling

Planning

- **★** Calendars
- ★ Schedules
- **★** Budgets

...oh my!

Protocols should serve the dynamic.

Let it be weird.

Neurodivergent Love Locutions

- ★ Infodumping
- ★ Parallel Play
- ★ Support Swapping
- ★ Deep Pressure
- ★ Penguin Pebbling

Sensation

- ★ Sights
- **★** Sounds
- **★** Smells
- **★** Tastes
- **★** Textures
- **★** Thoughts

Kink Reframing

- **★** Deep Pressure → Bondage
- **★** Thumb-sucking → Littles
- ★ Dermatillomania → Piquerism
- **★** Overstimulation → Sensory Deprivation and/or Mindfuck
- ★ Special Interest → Dollification
- ★ Biting → Biting (in a sexy way)

Munches & Play Parties

- ★ Buddy System
- ★ Exit Strategy
- **★** Earplugs
- **★** Aftercare
- ★ Virtual

Seek out neurodiversity! Create your own space!

Acknowledgements

- ★ Master Devyn Stone
- ★ Drummer Pony
- ★ Master Penguin & slave ginna
- ★ Raven Kaldera & Joshua Tenpenny
- ★ My Daddy, Treyson

Resources

- autisticadvocacy.org
- awnnetwork.org
- stimpunks.org

FOLLOW AUTISTIC PRESENTERS!

- Devyn Stone Drummer Pony Gloria Jackson-Nefertiti HannahTheScribe
- Kade
- Lord Allen
- Mx Pucks A'Plenty







girl Calyco

Autistic Leather

- ★ waffletaxi@gmail.com
- ★ Fetlife: @Calyco
- Facebook: /waffletaxi
- ★ Instagram: @waffletaxi
- ★ Cashapp: \$waffletaxi
- ★ Venmo: @waffletaxi